

## High Sheriff's Sponsored Walk – Frequently Asked Questions (FAQs)

### General Information

**Q: What is the purpose of this walk?**

A: To raise funds for our Thriving Families programme which supports families across Cheshire through the Cheshire Community Foundation and is hosted by the High Sheriff of Cheshire.

[Thriving Families - Cheshire Community Foundation](#)

**Q: When and where is the event taking place?**

A: The walk will be held on **Saturday, 26<sup>th</sup> September 2026**, at **Chester Racecourse, Chester, CH1 2LY**, who are kindly letting us use the venue free of charge.

**Q: What time does the event start?**

A: The walk starts at 11.00am. We recommend arriving by 10.30am.

### Registration & Fundraising

**Q: How do I register?**

A: Registration is available online via [Nifty Entries](#).

**Q: Is there a registration fee?**

A: Yes, the earlybird registration fee is **£5.00** per participant or **£4.00** per participant if you register as a team of three or more people. From 1<sup>st</sup> August, registration fees will increase to **£7.50** per participant or **£6.00** per participant if you register as a team of three or more people.

**Q: Do I need to enter as part of a team?**

**A:** No. Participants are welcome to enter individually or as part of a team (three or more people). Teams can be made up of friends, family members, colleagues or representatives from organisations and community groups.

**Q: What is the deadline for registering?**

A: You can register up to and including the day of the event.

**Q: How can I raise funds?**

A: You can collect sponsorships by registering as a fundraiser here: [The High Sheriff's Race Across the Roodee - JustGiving](#)

**Q: Can businesses sponsor aspects of the event?**

A: Absolutely. Sponsorship is welcome. Please feel free to make a donation here by clicking, "Give Now": [Walk for Families: The High Sheriff of Cheshire's Sponsored Walk 2025 - JustGiving](#)

**Q: Can children participate?**

A: Absolutely – in fact we encourage it - but any participant under the age of 16 must be accompanied by an adult.

## Route & Walk Details

### **Q: What is the walk route?**

**A:** The route is five circuits of Chester Racecourse (approximately five miles). Along the way there will be a variety of optional challenges and activities for participants who would like to take part.

### **Q: How long will it take to complete the walk?**

**A:** This will vary depending on your pace and whether you choose to take part in any of the optional challenges. Most participants can expect to complete the course in approximately 90 minutes to two hours.

### **Q: Is the route accessible and safe?**

**A:** Yes, safety and accessibility are top priorities. A risk assessment and emergency plans will be in place, and first aid will be available.

### **Q: Do participants have to complete the challenges?**

**A:** No. The challenges are optional and some participants might choose only to complete the walk.

### **Q: What sort of challenges will there be?**

**A:** The challenges are designed to be fun, inclusive and suitable for participants of all ages and abilities. There will be a mixture of light physical and mental activities, encouraging teamwork, problem-solving and a little friendly competition. No specialist knowledge, exceptional fitness or prior experience will be required, and participants can choose whether or not to take part in each challenge. The emphasis is on enjoyment, participation and supporting a great cause.

### **Q: Are there prizes?**

**A:** Yes! There will be a range of prizes and awards presented on the day. These will include recognition for fundraising achievements and successful completion of the walk and challenges, but there will also be additional awards celebrating participation, teamwork and other notable contributions. Full details will be announced nearer the event.

### **Q: Can dogs walk the route with participants?**

**A:** Absolutely! Dogs are welcome but please keep them on a lead at all times and remember to clean up after them!

### **Q: Will the event still take place if it rains?**

**A:** Yes. The event will go ahead in most weather conditions, so please dress appropriately for the forecast. In the unlikely event that severe weather affects the safety of the event, participants will be contacted directly.

## On the Day

### **Q: Where is the nearest railway station?**

**A:** The nearest station is [Chester Station](#), City Road, Chester, Cheshire, CH1 3DR. Walking time from the station to the racecourse is approximately 25 minutes.

### **Q: Where can I park?**

Limited parking will be available on site and at the following public car parks:

- Watergate Street Car Park, New Crane Street, Chester, CH1 4JH.
- Linenhall Street Car Park, Nicholas St, Chester CH1 2NX.
- Trinity Street Car Park, Trinity Street, Chester CH1 2BD.
- New Market Parking, Hunter St, Chester CH1 2AR.

Please note that charges apply.

Please then enter the racecourse by the main gate and you will be directed to the registration desk and start line.

**Q: How accessible is the racecourse?**

A: Chester Racecourse is DDI compliant, however, owing to the age of the racecourse (we've been racing since 1539!), suitability does vary across the racecourse. Do contact Cheshire community Foundation on [office@cheshirecommunityfoundation.org.uk](mailto:office@cheshirecommunityfoundation.org.uk) to discuss accessibility requirements.

**Q: Can I register on the day?**

A: Absolutely - you can register up to and including the day of the event.

**Q: What if I arrive late?**

A: Go directly to the registration desk and we'll get you started as soon as possible.

**Q: Will you be filming on the day?**

A: Yes – please be aware that we will be filming and taking photographs on the day and these images will be put on the internet and social media. Please notify our photographer/videographer if you do not wish to appear.

**Q: What should I bring?**

A: Comfortable clothing and shoes, water bottle, and weather-appropriate gear. The event will still go ahead if it's raining! You'll also receive pre-event info including contact numbers. Please remember to bring any required medication (for example, inhalers or epi-pens).

**Q: What should I wear?**

A: As above, ideally comfortable clothing and shoes which are appropriate for the forecast weather. However, if you feel the need to come in fancy dress, we won't deter you. In fact, we'll take lots of pictures of you and post them all over the internet!

**Q: Will there be entertainment?**

A: Yes, there will be musical entertainment between 11am and 1:30pm.

**Q: Are there refreshments and toilets available?**

A: Yes, water stations and facilities will be provided. Please bring refillable water bottles. Food and other refreshments will be available to purchase on the day.

**Q: Will there be food available?**

A: Yes, there will be a catering facility open selling drinks, snacks, premade sandwiches etc.

## Volunteers & Support

**Q: Can I volunteer instead of walking?**

A: Yes! Volunteers are needed for registration, marshalling, first aid, and more. Please email [office@cheshirecommunityfoundation.org.uk](mailto:office@cheshirecommunityfoundation.org.uk), if you'd like to help.

**Q: Will volunteers be briefed in advance?**

A: Yes, all volunteers will receive detailed briefings on safety, roles, and emergency procedures.

**Q: Can friends and family come along to support participants?**

A: Absolutely. Spectators are very welcome and we would love to see supporters cheering participants on throughout the day.

## Post-Event

**Q: How will I receive my medal and/or prize?**

A: These will be distributed at the end of the walk.

**Q: Will I be thanked for my contribution?**

A: Definitely! All participants, sponsors, and volunteers will receive formal thanks following the event, which will also detail the amount raised.